

# GRAND OPENING - CRISPIM BJJ HAYWARD



## COME CHECK US OUT AT THOMAS MARTIAL ARTS

### Offers Classes in:

- Brazilian Jiu-Jitsu
- Kenpo Karate
- TaeKwonDo
- Cardio Cumbia
- Yoga
- Circuit Training

2196 American Avenue  
Hayward

**Saturday, May 8th, 2021**

**10:00am to 12:00pm**

Food, Demos, Membership Promotions and Open Mat (10:30-11:30)

**For More Info:**

**Crispim BJJ**

[www.CrispimBJJ.com](http://www.CrispimBJJ.com)

**925-468-0330**

**Thomas Martial Arts**

[www.MartialArtsOakland](http://www.MartialArtsOakland)

**925-918-2457**

